

Intermediate Ballet

Instructor: Ruth Mayer

Date/Time: Saturday, July 15, 10:00-11:30 am

Location: White River Ballet Academy

This workshop is designed for young adults and adults with a good mastery of ballet technique. It consists of a barre and center work based on the American Ballet Theatre curriculum. Duration: 90 minutes.

Ruth Mayer is a former soloist of The American Ballet Theatre. As a resident of the Upper Valley since 1990, she has taught, choreographed and performed with many of the Upper Valley arts organizations. She is currently teaching ballet at her studio in Thetford, VT.