

Improvisation

Instructor: Hannah Denison

Date/Time: Sunday, July 16, 2:00-3:30pm

Location: Briggs Opera House

Description: The 90 minute workshop will look at the practice of presence, be it in performance or daily life. We will work from the interior focus of our body to the exterior awareness of others, using scores to heighten our awareness.

Bio: For 40 years, I have created and produced community-focused dance pieces for stage and specific sites in Vermont, working with skilled performers and those new to the form. I have taught hundreds of people the techniques of movement and performance, collaborated with artists from other disciplines, and formed presenting partnerships with the FlynnCenter, Burlington Community Land Trust, The Woolen Mill, The City of Burlington, Shelburne Farms, the Vermont Division of Historic Preservation, and Polycor/Rock of Ages.

As part of the majority of my site projects, I have mounted gallery exhibits of the “artifacts” from the performances to highlight the work of my collaborators and offer the audience an opportunity to view the material in a different context.

I have been the recipient of numerous regional and national awards and selected for two month-long residencies at the Workspace for Choreographers in Virginia. I am the founding director of the non-profit Cradle to Grave Arts, Inc.