

Beginner Ballet for Adults

Instructor: Jackie Stanton-Conley

Date/Time: Friday, July 14, 5:00-6:00pm

Location: White River Ballet Academy

Description: Jackie's Beginner Ballet for Adults will begin at the barre with an introduction to the basic positions of the feet, arms and body directions. We'll fill the hour-long class with barre and center exercises working on posture, arm and leg coordination, balance, jumps, turns and so much more. All are welcome!

Bio: Jackie started her ballet training at the age of 7 in Central NY where she was born and raised. After advancing through the R.A.D. Method under the direction of Delia Foley, she studied on scholarships at various schools including Chicago City Ballet, The Bolshoi in Vail, CO, The New York City Ballet at NYSSA and BalletMet, training under such notable professional Master Teachers as Homer Hans Bryant, David Howard, Maria and Marjorie Tallchief, Allegra Kent, John White, Raymond Lukens, Franco De Vita and Darla Hoover.

From 1993-1997, Jackie danced under contract with The Pennsylvania Academy of Ballet Society and soon thereafter made her debut at the young age of 19 as a choreographer and Ballet Mistress for PABS. Jackie is certified by John White of The Pennsylvania Academy of Ballet to teach The Vaganova Method. She has taught in various schools throughout NY, NH, VT and PA and has over 400 original pieces as well as several original Ballets. Jackie continues to choreograph and create new work for WRBA every year.

In the summer of 2009, Jackie joined the ranks with some of the world's most recognized and educated classical ballet instructors, earned her certification and serves as an ambassador to the American Ballet Theatre's National Training Curriculum. Jackie has successfully completed the American Ballet Theatre Teacher Training Curriculum in Primary through Level 7.

In the summer of 2019, Jackie completed Marcia Dale Weary's Teaching Syllabus at Central Pennsylvania Youth Ballet. With over 28 years of teaching experience Jackie brings to the Upper

Valley the opportunity to provide dancers with a rich, deep, pristine knowledge of classical ballet technique and the ability to adapt to all styles and techniques of dance. Jackie is the proud owner of Junction Dance Boutique, a specialized Ballet boutique located right next to WRBA.